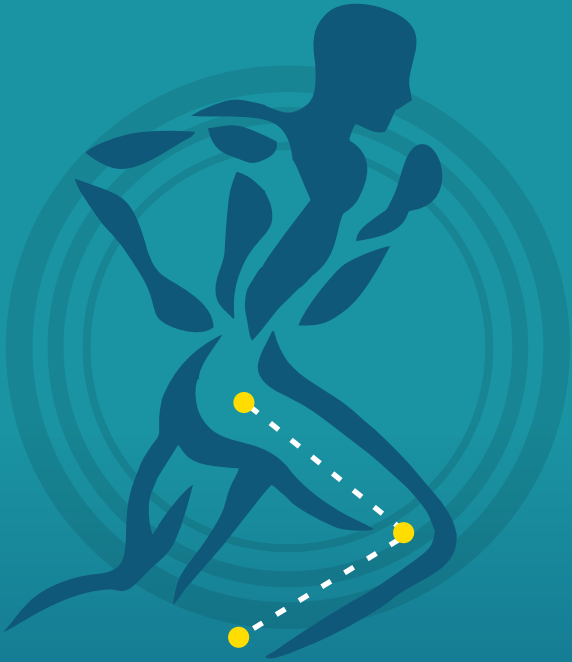




THE PROLOTHERAPY CLINIC



WE ARE UNIQUE!
DIFFERENT!
HOPE!
PROLOTHERAPY CLINIC!

**Enjoy A Life
FREE of Chronic Pain**

**Get Back to Doing the Things You Love
Without Surgery or Pain Killers / Steroid**

www.theprolotherapyclinic.com

WELCOME!

WE ARE UNIQUE!
DIFFERENT!
HOPE!
PROLOTHERAPY CLINIC!

Center for Interventional Regenerative Orthopedics and Sports Medicine.

The **INDIA'S** one of the **FIRST** center dedicated to practicing Prolotherapy (Regenerative Injection Therapy) in an Orthopedic clinical setting.

We, The Prolotherapy Clinic, is the Premier destination for cutting edge Interventional (minimally invasive) Regenerative Orthopedics and Sports Medicine. We are dedicated to provide Unique, Comprehensive, Highly Effective, Individualized treatment plans to produce outstanding results. This help you to resume the quality of life you enjoyed before the onset of your pain problem.

The Only Prolotherapy Clinic provides the most Comprehensive Innovative Regenerative treatment options combining with the best of traditional Orthopedic care to produce Outstanding results.

We look forward to meeting you, If you are looking for to actually resolve your problem and not just temporarily cover up the pain.

Q- What is Prolotherapy?

Prolotherapy also known as Regenerative Injection Therapy (RIT). It is a well recognized NonSurgical Orthopedic procedure that stimulates the body's natural healing processes. This therapy technique involves series of injections of solution (dextrose, morrhuate sodium, phenol, glycerine, sarapine, magnesium sulphate, zinc, Ozone, Orthobiologics etc) to the site of painful and degenerated Joints, Ligaments, Tendon insertions to promote growth of normal cells and tissues. Prolotherapy is an Effective, Trustworthy, Reliable and a Viable Alternative to noneffective conservative treatments including surgery.

Q-How does Prolotherapy work?

Prolo stands for Proliferate. Prolotherapy mimics the natural healing process by tricking the body into initiating a new healing cascade. With a precise injection of a Prolotherapy solution directly at the damage site, creates a temporary, mild, controlled aseptic inflammation, which triggers the release of growth factors and new collagen deposition. Additional treatments repeat this process, allowing a gradual buildup of tissue to restore the original strength to the area. The weakened area heals, and the patient's pain is reduced or eliminated, increased range of motion, and improved function.

Q- What are the Different types of Prolotherapy?

- **DEXTROSE PROLOTHERAPY** - Traditional therapy, uses Dextrose as a main proliferent along with other natural compounds.
- **PROLOZONE** - This treatment is like prolotherapy, but works on a principle that is different from the way that Prolotherapy works. A prolozone injection contains Ozone and various nutrients, which are believed to bypass the inflammatory response and directly stimulate a healing response without triggering inflammation. Anti-inflammatory medications are permitted as necessary following injection.
- **NEURAL PROLOTHERAPY** - Consists of a series of superficial injections targeting peptidergic sensory nerves, with a goal to restore normal function in nerves.
- **PRP PROLOTHERAPY** - uses Platelet Rich Plasma (harvested from blood) as a proliferent solution.
- **BIOCELLULAR PROLOTHERAPY** - Uses BMAC or /NANOFAT/MFAT (own cells harvested from one Marrow Or Fat)

Q- Is Prolotherapy safe?

The great advantage of Prolotherapy is that it is extremely Safe and Simple. It is normal and expected to have an aggravation of pain and perhaps swelling (sometimes a lot), stiffness, bruising and discomfort in the area post treatment due to the inflammatory response generated by the injections that stimulate the initial healing process.

Q- What is success rate of Prolotherapy?

The practice of Prolotherapy is supported by Positive outcomes in numerous clinical studies. The anticipated rate of success depends on a number of variables, including the patient's history and ability to heal, and the type of solution used. Numerous studies have been shown a success rate of over 80% over many thousands of patients. This is quite remarkable, given that the treatment has no to minimal side effects and cost compared to other surgical and non-surgical treatment.

Q : If Prolotherapy is So Great then why have I not heard about it before?

A : Chronic pain is not well understood by most health care professionals and, therefore, is frustrating to treat. Thus the comment, "There is not much you can do about it... you just have to live with it".

Prolotherapy is not something that is commonly taught as a part of a standard medical college curriculum, so even doctors are unfamiliar with it.

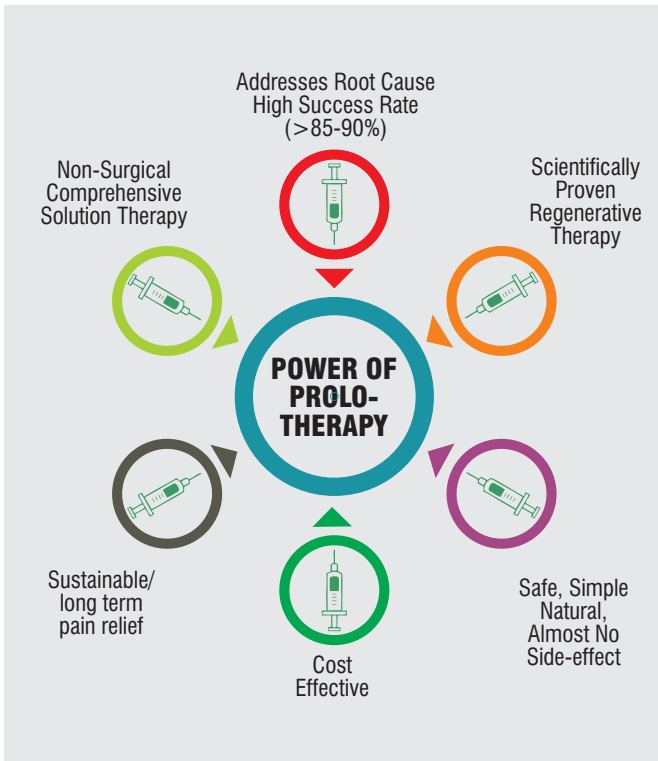
The technique of prolotherapy requires an in-depth knowledge of anatomy and the skill to place the injections accurately.

Pharmaceutical companies are not promoting it because there is no money in it for them.

Many doctors and patients are looking for a "quick fix", but prolotherapy results do not always occur overnight. Therefore the prolotherapy patient must be committed to the treatment because multiple sessions are often required.

Most people are looking for the newest and high-end technology to treat their problem. However, relatively simple treatments are often discounted or overlooked.

Patients typically just accept the pain or have surgery. While surgery has its place, many patients and doctors are not aware that prolotherapy may relieve their pain and delay or prevent the surgery they thought they needed.



Prolotherapy

Vs

Painkillers / Steroid

- Pain Resolution
- Regenerative Therapy (Repairs & Restore the tissue)
- Sustainable and long term pain resolution, sometime permanent
- Uses natural substances
- Promotes healing
- Safe, Simple, Natural
- Almost no side-effects
- Best Hope for pain free living
- Very Minimal Downtime for Surgery
- Always Option of Surgery is open if at all required



- Pain Management
- Causes additional degeneration/damage
- Temporary reduce and mask pain
- Uses Synthetic Chemicals
- Hinders healing
- Long list of Side Effects Hype of Pain Relief
- **SURGERY**
 - Invasive
 - Once done can't be undone
 - Required when there is clear cut indication
 - Cost, Risk & Complications involved

WHY CHOOSE US

No Surgery, No Steroids or Pain Killers.

Harnessing body's ability to heal itself (Pain Resolution) and not just pain management.

We focus on the "Root", not the "Fruit" causes of disease!

The Only Clinic to provide Wide variety of Evidence based Regenerative Orthopedic Treatment options.

Our Patented Innovative Regenerative Treatments which are Safe, Elegant, Effective.

Dedicated to provide Unique, Comprehensive, highly Effective, Individualized treatment plans to produce Outstanding results.

Dr. Rajguru is one of a handful of surgeons in the Nation that is both a Orthopedic Surgeon and a expert in the field of Interventional Regenerative Orthopedics and Sports Medicine.

Dr. Rajguru is one of the First Indian Surgeon who received training from HHPF (affiliated to Wisconsin University, Madison, USA) which is a Founder organization for Prolotherapy.

All the Services(X-rays, Lab, Physiotherapy etc.) under ONE roof.

Helping many patients to get Meaningful, Lasting Pain Relief to regain Mobility, Live Joyful Pain-Free lives.

CONDITIONS WE TREAT

Prolotherapy can substantially alleviate most of the Muscular-Skeletal painful conditions, including Arthritis, Sports injuries as well. With the recent advances, Prolotherapy indications significantly widened and are constantly opening new horizons for this technique.

NECK Neck Pain, Cervical Spondylosis, Trapezitis, Spinal Canal Stenosis, Whiplash Injury, Facet Arthropathy, Cervical Radiculopathy, Degenerative Disc Disease, etc.

ELBOW Elbow Pain, Tennis Elbow, Golfers Elbow, Elbow Arthritis, Elbow Instability, Olecranon Bursitis, Radial Tunnel Syndrome, etc.

WRIST Wrist Pain, Carpal Tunnel Syndrome, TFCC Injury, Ganlion, Wrist Instability, Wrist Arthritis, etc.

BACK Low Back Pain, Sciatica, Lumbar Spondylosis, Spondylolisthesis, Facet Arthropathy, Degenerative Disc Disease, Radiculopathy, etc.

KNEE Knee Pain, Knee Osteoarthritis, Meniscus Tear, Knee Instability, Chondromalacia Patella, Runner's Knee, ITB Syndrome, Patello-Femoral Pain Syndrome, Jumper's Knee, Osgood Schlatter Disease, Ligament Injury(Tear/Laxity), Osteochondral Defects, etc.

FOOT Planter Fasciitis(Heel Pain), Foot Pain, Flat Foot, Achilles Tendinopathy, Morton's Neuroma, Diabetic Neuropathy, Bunions, etc.

HEAD-4 Headache, Migraine, Facial Pain, Trigeminal Neuralgia, Temporo Mandibular(TM) Joint Pain, Vertigo, etc.

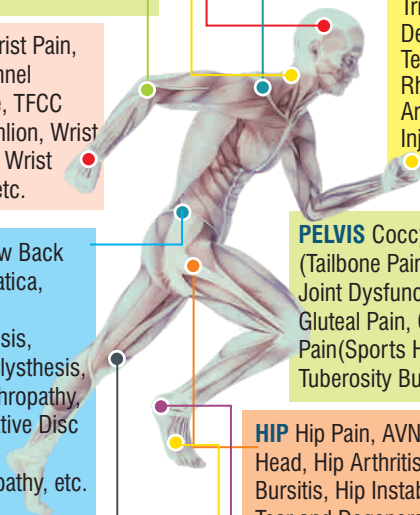
SHOULDER Should Pain, Frozen Shoulder, Rotator Cuff Tear, Impingement Syndrome, Shoulder Arthritis, Shoulder Instability, Labral Tears and Degeneration, A-C joint Pain, Painful Arc Syndrome, Calcific tendinitis, Tendinopathies etc.

FINGERS Finger Pain, Arthritis, Trigger Finger, Dequervains Tenosynovitis, Rheumatoid Arthritis, Finger Injuries, etc.

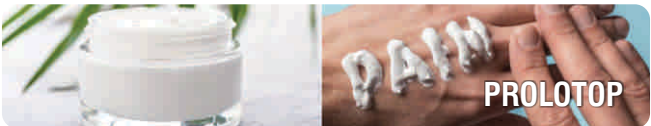
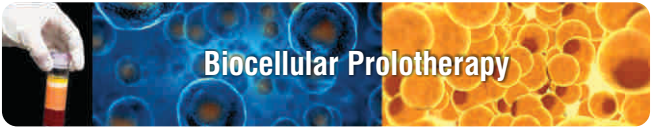
PELVIS Coccygodynia (Tailbone Pain), Sacroiliac Joint Dysfunction, Sacroilitis, Gluteal Pain, Groin Pain(Sports Hernia), Ischial Tuberosity Bursitis, etc.

HIP Hip Pain, AVN Femoral Head, Hip Arthritis, Trochanteric Bursitis, Hip Instability, Labral Tear and Degeneration, Hamstring Tightness, etc.

ANKLE Ankle Pain, Ankle Instability, Ankle/Subtalar Arthritis, Ankle Sprain, Avascular Necrosis of Talar Head, Tarsal Tunnel Syndrome, Osteochondral Defects, etc.



Regenerative Treatments



CHOICE IS YOURS



PAIN MANAGEMENT

SURGERY

PAIN KILLERS

TRACTION

STEROIDS

NSAID'S

MANIPULATION

REST

OPIOIDS

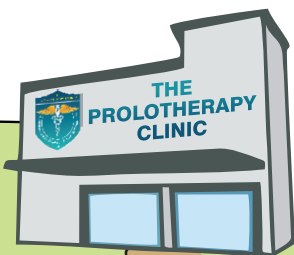
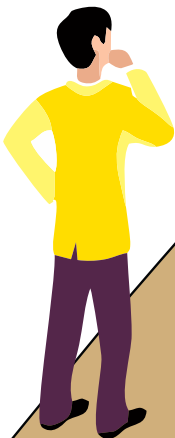
FANCY PHYSIO MACHINES

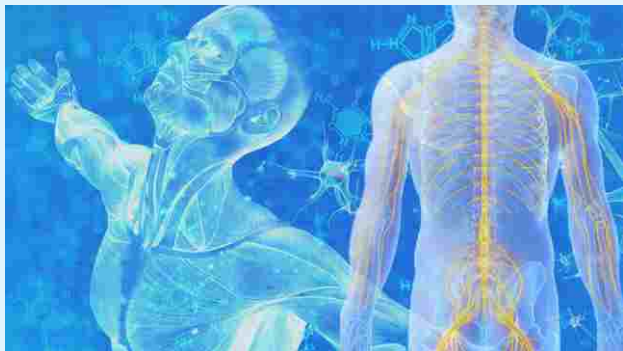
MASSAGE

PHARMACIST

NEEDLING

PROLOTHERAPY





SN-MERIT™

A Revolutionary Approach to Pain Resolution. It stands for Sensori-Neuro-Modulatory Equilibrium Regenerative Integrated Therapy.

It is a Regenerative Injection Therapy which involves tiny Injections of complex remedies (Biological Multi Extract combinations + Neurotonics + Minerals + Buffers + other compounds) into specific points or zones on the body. SN-MERIT™ is a Safe, Effective, Novel and Evolving treatment for painful conditions without side effects. It's been thought that this system works by multi-targeted Sensori-Neuro-Modulation with Rejuvenation of Cellular Energy Dysfunction. These Injections add an extra dimension to the response called "Turbo Effects," which not only stimulate local and direct effects but also a remote response.

Success rates vary between 80-100% depending on the severity and chronicity of the problem.

SN-MERIT usually results in Significant, Effective, Progressive improvement of pain, function and reduction of stiffness if given in series. My personal experience with SN-MERIT™ is that pain is relieved Dramatically at each treatment and it is Gratifying to see someone get off the table feeling so much better.

ProLo-TOP™

ProLo-TOP (patent applied) cream is a Breakthrough, Make in INDIA Innovation, developed to target a disease process that is largely overlooked and is the probably the most common source of chronic pain.

It is a blend of unique, all natural ingredients intended to provide a clinically meaningful long term pain relief and sometimes permanent in few cases. Isn't that Amazing!! The natural ingredients in ProLo-TOP appear to work Synergistically utilizing unique physiological mechanism to restore the cellular energy dysfunction including nerves.

ProLo-TOP is not another pain cream which works on counter irritant analgesia. Unlike other pain creams, it doesn't distract or mask your pain. ProLo-TOP has come with a unique, novel approach to deliver benefits of both Prolotherapy and SN-MERIT in a topical formulation. It is one of a kind pain relief cream which works Uniquely!! Differently!! Effectively!! That's why ProLo-TOP stands on the TOP as a cutting-edge unique topical therapeutic formulation.





PTC's™ Comprehensive Pain Resolution (CPR) Program

We can better understand that how disruptive pain can be to your life. Surgery itself can take a toll on your well-being. Surgery is Invasive, Costly, involves Risks and Complications, and required in few cases only with clear cut indications. So we, PTC have developed a Revolutionary Comprehensive Pain Resolution (not pain Management) Program which has unique ability to address the root causes of disease. It is not designed to temporarily to take away or block the pain. It involves Multidisciplinary System working Synergistically utilizing bodies innate ability to heal yourself. The aspects of this program involves Powers of Prolotherapy/Prolozone+ SN-MERIT™ + ProLo-TOP™ + Physical Therapy and Rehabilitation+ Functional Integrative Medicine(ProloVita Dr!p). This program usually results in Significant, Effective, Progressive improvement of pain, function and reduction of stiffness. And that too Without Pain Killer medications, Steroids or Surgery!! Isn't that Amazing!!!

ProLoVita Dr!p™

ProLoVita Dr!p is a Specialized IntraVenous mixture of Vitamins, Minerals and Amino Acids etc. to Maximize the effects of the different Regenerative Treatments performed at PTC including Prolotherapy, Prolozone, PRP, BMAC, NANO FAT etc. This Specialized IV solution promotes the Healing and Regeneration of damaged and weakened tissues such as Ligament, Tendon and Cartilage. ProLoVita Dr!p frequency is dependent upon each individual's particular problem. The ProLoVita Dr!p may be



performed during the same time when the Regenerative Injection procedure is performed. With intravenous nutrition, the nutrients are delivered directly into the blood stream rather than being absorbed by the intestines allowing for maximum utilization of the different nutrients. Like most all IV's, the benefits tend to be cumulative. This Nutritional therapy is designed to repair the damages that have incurred to biological processes in the body, which are cellular and system injuries, the foundation of Regenerative Orthopedics.

OUR MISSION

To Help as many patients to get Meaningful, Lasting Pain Relief to regain Mobility, Live Joyful Pain-Free lives through harnessing body's ability of Healing and not just pain management.



The Prolotherapy Clinic (PTC®) is founded by

Dr. Vikram Rajguru as a response to the shortcomings so evident in “traditional medicine,” which largely places a premium on high patient turnover while neglecting long-term health care.

Dr. Vikram Rajguru is One of the Country's First Interventional Regenerative Orthopedic and OrthoBiologic Surgeon. He is the One of The First Indian to learn **Prolotherapy** from HHPF (affiliated to Wisconsin University, Madison, USA) which is a Founder organization for **Prolotherapy**. Through his expertise, he has helped many patients to get back to active lifestyle by providing Pain Resolution and regaining lost Mobility through Non Surgical as well as Surgical treatment.

DR. VIKRAM RAJGURU

MBBS, DNB, D.ORTHO, MNAMS, FARS (ISAKOS), FIRO (USA)

CONSULTANT ORTHOPAEDIC, ARTHROSCOPY
AND JOINT PRESERVATION SURGEON

CONSULTANT INTERVENTIONAL REGENERATIVE
ORTHOPEDICS & ORTHOBIOLOGICS



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